

# TOTS AND SCHOLARS NURSERY AND PRE-SCHOOL



# NEWSLETTER FEBRUARY 2023

# Dear TAS parents and carers,

After a very busy month with lots of exciting activities, we welcome February. This month will be filled with carefully planned activities based on the children's interest, and next steps, but we will also be celebrating some important events. Please read the full newsletter for more details.



# EVENTS FOR THE MONTH

## National Story Telling Week

Starting the week commencing 30th January, right through until the 3rd February, will be National Story Telling Week. We would like to take this opportunity to invite parents in to the setting to read stories to the children. Please do book a time slot and we all look forward to sharing both new and old stories together!

#### Valentine's Day Event

Love is in the air! We are delighted to invite parents to our TAS Valentine's Day event. The children in Butterfly Room will be having a disco so they can dance the day away with their parents and celebrate the ones we love! (Elstree Butterfly Room - 7th Feb)

Caterpillar Room will be decorating biscuits and making cards for their loved ones. We would love the parents to give us a helping hand and join us in creating beautiful memories with our little Caterpillars. (Elstree Caterpillar Room - 8th Feb) - Shenley both rooms 10th Feb. Tmes of the events to be confirmed via email.

#### Random Acts of Kindness Day

On 15th February, we will be taking part in Random Acts of Kindness Day. We will be discussing the importance of showing kindness to others and that even small gestures can make a big impact in the lives of others. There are lots of activities we have planned such as making cards, putting together little bags of treats to give out to our local community. We will also be creating a friendship box and allow the children the opportunity to create cards for their friends and families and to post it to them.

#### Pancake Day

Get your frying pans and chef hat ready for some fun filled cooking activities! On 21st Feb the children will be preparing, mixing and making their own pancakes. What ingredients do you think we will need to make a great big pancake? Can you think of a few yummy toppings that we can add to our pancakes?

#### NSPCC - Number Day

Friday 3rd Feb we will be taking part in Number Day. To mark this day, please could your child wear appropriate clothing, as we plan to use lots of chalk to discover the wonderful world of numbers!

#### Switch off engine while in car park

Dear parents, in the effort of trying to protect our children from the CO2 emissions, we are asking all parents to switch off their engines while in the car park. Thank you for your support in keeping the children healthy and contribute to the safety of the environment.

#### Dates for your calendar

- 1st-2nd February National Story Telling Week continues
- 3rd February Number Day NSPCC
- 7th February Valentine's Day -Butterfly Room - Elstree
- 8th February Valentine's Day Event Caterpillar Room Elstree
- 10th February Valentine's Day Event -Caterpillar & Butterfly Room - Shenley
- 15th February Random Acts of Kindness Day
- 21st February Pancake Day

#### Safeguarding at TAS

One of the ways in which we make sure your child is safe is by implementing our responsibility to take all necessary steps to ensure the safety and welfare of all the children in our care in line with the procedures laid out by our local Safeguarding Partnership ("LSP").

TAS Designated Safeguarding Lead is Vanda and secondary is Demi.

During the day you can reach them on the nursery landline and out of hours in case of an emergency you can reach Vanda on 07983154372 and Demi on 07501218646.

In an emergency, contact the Police Child Abuse Investigation Team or dial 999.

Police Child Abuse Investigation Team 020 8733 5070.

### Reminders for parents

- Please ensure you are sending sufficient nappies and wipes for your child.
- Can we kindly remind you that if a child gets sick during nursery hours please make arrangements to collect them as soon as possible.
  - Please make sure your child has spare labelled clothes at all times.
- Labelling All children's spare clothing and school uniform MUST be labelled, to avoid confusion in the cloakroom.
- Please like and follow our new Facebook Page! You can find us by searching @totsandscholarsnursery.
  - Show and Tell Days are returning! Every Wednesday your child can bring a toy from home. Please ensure toys are labelled as children will be encouraged to take turns and share them.



#### REST & SLEEP POLICY





Here at Tots and Scholars Nursery we regard rest and sleep as an important part of the setting's daily routine. Children need to feel safe and secure within the childcare environment and to have their individual needs met. Rest and sleep is necessary for every child's emotional well-being and physical development.

Before a child starts to attend the setting we find out from parents their children's individual needs and preferences regarding rest and sleep.

We ask parents to record all relevant information about each child's needs and preferences on his/her registration record and to sign the record to signify that the information is

The child's allocated key worker regularly consults with parents to ensure that our records of the child's rest and sleep needs, including any comforters, settling down routines are up to date. Parents sign and date the up dated record to signify that it is correct.

We implement systems to ensure that children receive rest and sleep that is consistent with their individual needs and preferences as well as their parental wishes.

We provide a safe quiet supervised area during lunch for children who wish to sleep with sleep mats and light blanket in cooler weather or sheet in warmer weather, ensuring that the child's face is uncovered and monitor their rest at intervals.

Quiet rest music will be played in the sleeping area and light adjusted for comfort. Staff will monitor the room temperature and environment and address children's clothing needs.

·Sleeping area is fully supervised throughout the nap and rest period.

We provide quiet times and experiences for children who do not wish to sleep, but require a quiet time i.e. self- choice jigsaws, books, construction, DVD and computers.

We provide cushions and teddies in the reading area for children to use as a quiet and inactive area during the daily session.

Staff will observe children's behaviours and monitor their individual needs.

The rest and sleep areas, equipment and materials will be safe and free from hazards and included in the settings risk assessment.

All sleep mats will be cleaned with anti-bacterial spray after use and sheets and blankets, which will be provided by parents, will be sent home on a weekly basis or prior at the discretion of the staff.

Records sheets are completed each day to record how long each child has slept for whilst at nursery.

















# vate School Success!

A massive well done to our children who have sat Private School assessments and made us ever so proud. And a huge well done to parents for working with us to achieve these fanTAStic results!

# **ACTIVITIES FOR HOME**

Do something kind for someone else!

As 'Random Act of Kindness Day' approaches, we would love for the children to carry out acts of kindness. This could be for a friend, sibling or a family member, the choice is yours. Why not help your parents with tidy up time at home? Or pay a compliment to one of your friends? Maybe you could donate a small old toy of yours to charity!

#### National Story Telling Week

We will be reading lots of old and new stories throughout this special week. How about creating your own story with your little one. We would really love to expand the childrens imaginations. A story consists of a plot, some characters, with a beginning, middle and end. Think about the setting of your story; will your story take place in outer space? A jungle? Or a magical land far far away? You can choose the theme of your story! Maybe the children can look at a few of their favourite stories to help them to feel incrinct to receive the help them. stories to help them to feel inspired to create a story of their very own.

















Thank you and have a wonderful month ahead!